## **SOUTH WEST COAST PATH**

The south West Coast Path is the UK's longest and best-loved National Trail. It goes from Minehead in Somerset to the shores of Poole Harbour in Dorset, 630 miles (1,014 km) in length.



As a National Trail, the South West Coast Path is signposted all the way round by the acorn. In addition to this it has large commemorative markers at key points on the trail such as Minehead (the start), Porthallow (the mid-point) and South Haven Point (the end). There are also a number of way markers along the way that tell you how far from each end of the trail you are. Although most walkers choose to complete the Path in this anti-clockwise direction, from Minehead to Poole, there is no reason why it cannot be walked in the opposite direction.

On average the South West Coast Path takes 7-8 weeks to complete. There are of course people who will do it much quicker than this (the current record is just over 10 days!), and those who will take much longer. Whilst a very fit and fast walker could complete all 630 miles in around 30 days or so, 52 days works best as a starting point for most people.

## **Plymouth to Wembury**



The total distance of the walk from Plymouth, Barbican (Ferry) to Wembury (Beach) is 10.8 miles (17.4km).

This is broken down as:

Plymouth – Mountbatten (Ferry) 4.9 miles (7.9km)

Plymouth – Jennycliff 5.9 miles (9.5km)

Plymouth to Heybrook Bay 9.1 miles (14.7km)

However there are other walks listed on the South West Coat Path site, such as this one covering a circular walk from Wembury which passes through Bovisand Private Estate so you can make it a circular walk from the Estate: Wembury & Staddiscombe - Print walk - South West Coast Path

The main website for the Coast Path is:

https://www.southwestcoastpath.org.uk

There are many other useful sites such as: <u>The Ultimate Guide to Walking the South West Coast Path</u>
<a href="#">- Absolute Escapes</a> and <u>South West Coast Path National Trail - LDWA Long Distance Paths</u> which cross references to many other websites.